

KING'S CHRISTIAN COLLEGE



22 November 2018

To whom it may concern:

Throughout 2018 a variety of female students ranging from Year 4 to Year 10 from King's Christian College attended a full day program each month held at Giddy Up Gold Coast, Bonogin Horse Valley Retreat. Throughout the day our students had the opportunity to work with horses, pushing them out of their comfort zone and encouraging them to approach new situations even if they were feeling nervous. Debbie Burgermeister always supported the students in whatever their confidence and capabilities were when interacting with the horses. Debbie is highly skilled at being able to facilitate groups of girls with diverse needs and abilities, coaching each individual to their own personalised success.

Many of the girls were anxious about riding the horses but throughout the day developed the courage to give it a go. By the end of the day, the students were proud of themselves for their ability to push through how they were feeling and achieve a new skill. The girls were able to form new friendships throughout the day and it was noted by teachers and parents that their child had a very positive and enjoyable experience.

We would recommend Giddy Up Gold Coast to young people of any age as it is a valuable experience that increases the confidence of participants to exceed their own expectations of what they are able to do. The full day program enables students to have fun, learn new skills and form new friendships.

King's Christian College would like to thank Debbie from Giddy Up Gold Coast, for providing the opportunity for our students to participate in this program.

Kind regards

A handwritten signature in black ink, appearing to be 'Jess Mason', written in a cursive style.

Jess Mason

On behalf of Student Wellbeing Team